

# Small Group Discussion

## Week 1 - What is a Disciple



### Chapter 1 – What is a Disciple?

1. **Teach what you learn** – Multiply is not meant to just be read, but to be taught. There are plenty of other Bible studies you can do if you want to absorb more information. The emphasis of Multiply is to get you in the habit of passing on the knowledge you gain.
2. **Share life, not just information** – The Multiply process is meant to be highly relational. True discipleship involves deep relationships. Jesus didn't simply lead a weekly Bible study; he lived life with his disciples and taught them through actions as well as His words..

#### **Coaching Conversations:**

Listening for recurring themes during your discussion may give you insight as you lead others. As you begin leading, listen for a consistent theme (or themes) as group members respond to the questions in the chapter. For instance, you might hear a word come up several times in your discussion about disciple making (i.e. scary, nervous, incapable etc.). Chances are, this is an area where the Holy Spirit is revealing how the content is impacting those in your group. Towards the end of your group time, identify the word or idea that is coming up repeatedly; acknowledge it; name it; validate this common theme; maybe laugh about it (if appropriate), and ask group members if they would like to tell you more. This intentional leadership practice will encourage deeper relationships.

#### **Starting the Conversation:**

Consider beginning the group by having each member share where they are in their personal faith journey. OR come up with your own icebreaker for this first week. Have fun with this and remember to listen!

#### **Life Group Questions**

1. Up to this point in your life, would you call yourself a follower of Jesus Christ? Why do you say that? Do you see evidence of your faith as described in Luke 6:40?
2. Evaluate your approach to following Jesus. Would you say that you view Jesus as your Lord, Master, and Owner? Why or why not?
3. If you choose to obey Jesus's call to follow, what might it cost you? (Avoid being vague. If following Jesus would cost you specific possessions, comforts, or relationships, list them below.)
4. What might hold you back from following Jesus at this point? Are you willing to let go of these things if necessary?

### **Additional Questions Related to Sunday's Message:**

1. Based on Jesus' words in John 3, what does it mean to have new birth?
2. What are some ways that we tend to rely on human effort rather than Christ for salvation?
3. If repentance means "turning away" from my old way of living, what activities or actions in my own life have I not fully turned away from?

### **Continuing the Conversation (optional):**

- **The Gospel:** Can each member of your group clearly articulate the Gospel? Consider asking a few people to practice sharing the Gospel during your group. You can also go over the Scriptures that create the "Roman's Road" (Romans 3:23, 6:23, 5:8, 10:9, 8:1) as a guide. Consider memorizing these verses as a means to sharing the Gospel.

- **Additional Related Passages:** Matthew 13:52, 16:24; 1 Corinthians 15:1-4; Acts 3:18-19, 10:39-43, 13:38-39

- **Memory Verse:** Ephesians 2:8-9

### **Prayer Assignment:**

Spend some time in prayer. Ask God to work in your heart and prepare you for what is ahead. You don't need to have all the answers or know specifically how God will use you. He simply calls you to follow wherever He might lead. As you pray, be honest about your doubts, hesitations, and fears. Ask Him to give you the strength to proceed and follow Him no matter what the cost. In other words, place your faith in Him.